REVIEW OF THE DoD-VA CLINICAL PRACTICE GUIDELINE ON *POST-DEPLOYMENT HEALTH EVALUATION & MANAGEMENT*

Introduction To Guideline Features

- Military-unique **vital sign**
- Use of a **stepped care** approach
- Clinically-based **risk communication**
- Web-based **clinician support**
- Longitudinal **follow-up** guidance
- Outcomes **monitoring**
- Supporting **Center of Excellence**

Military Unique Vital Sign

"Is the issue causing you to seek care today related to a deployment?" (yes–no–maybe)

- CPG: vital sign for all care contacts except wellness visits (e.g., periodic examinations, preventive care)
- Patient rather than clinician determination
- 1-2% of patients say 'yes'

A Clinically-Based & Appropriately Stepped Risk Communication Strategy

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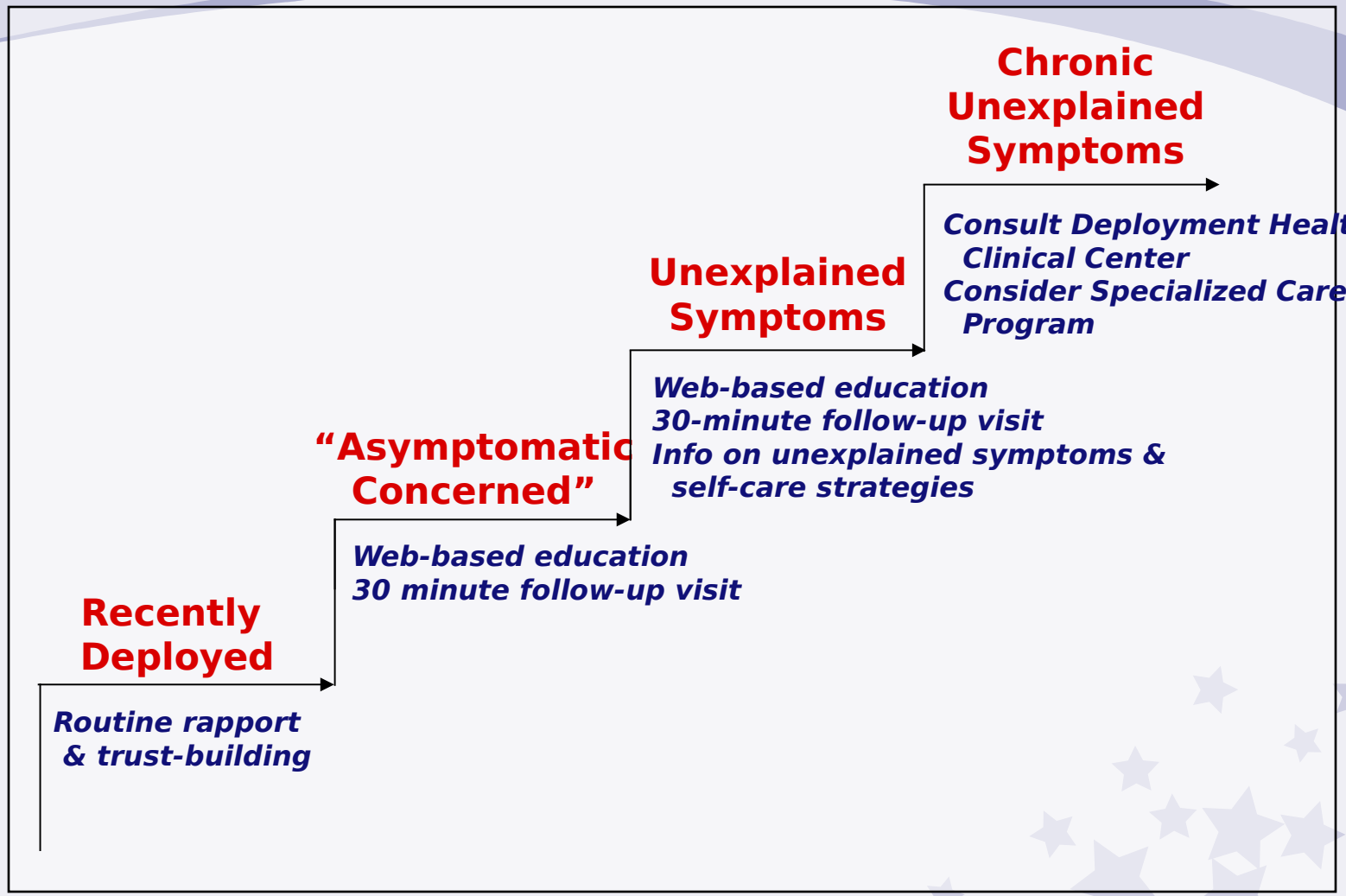

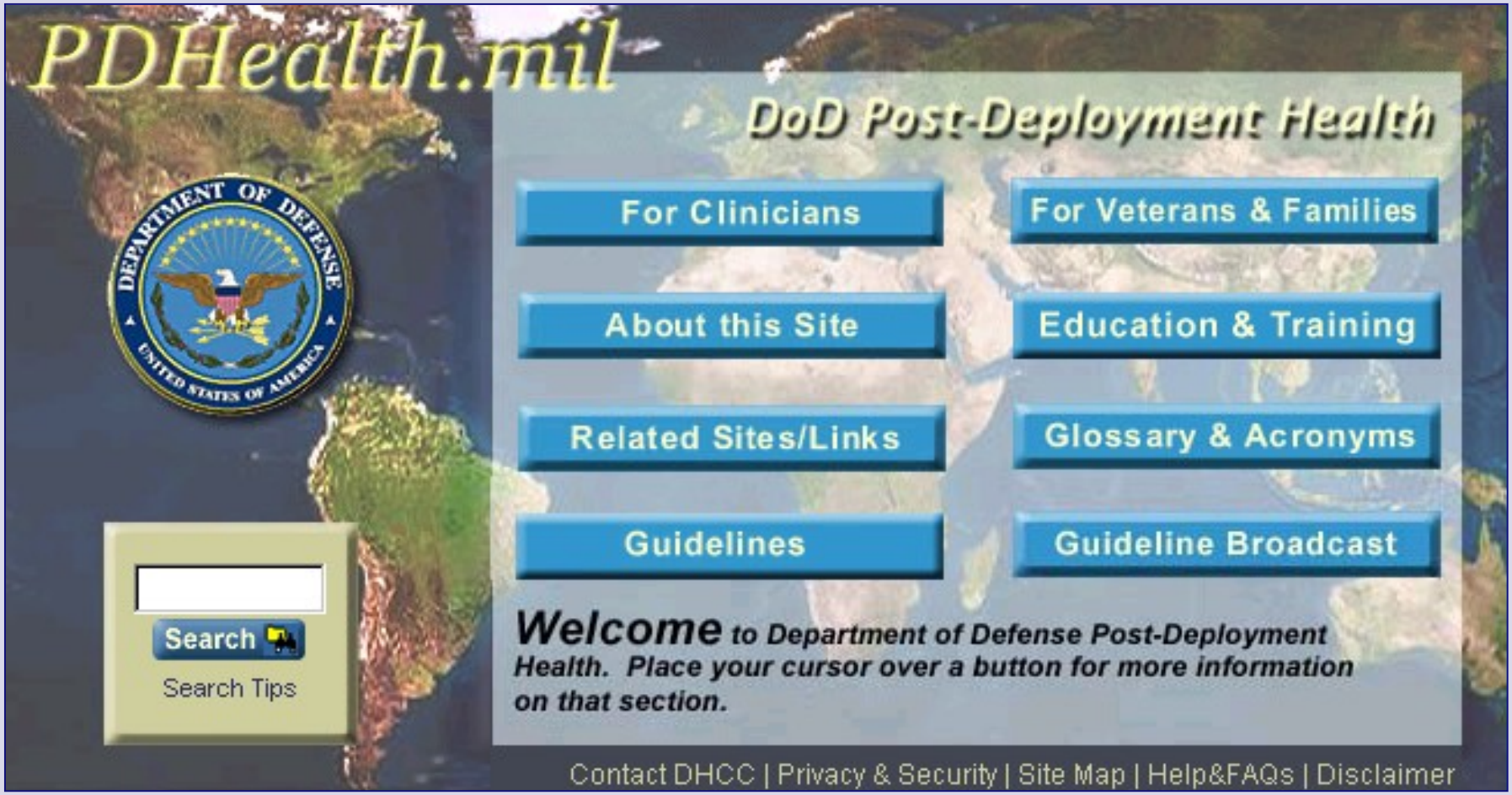
PDHealth.mil
DoD Post-Deployment Health
For Clinicians
For Veterans & Families
About this Site
Education & Training
Related Sites/Links
Glossary & Acronyms
Guidelines
Guideline Broadcast
Search
Search Tips
Welcome to Department of Defense Post-Deployment Health. Place your cursor over a button for more information on that section.
Contact DHCC | Privacy & Security | Site Map | Help&FAQs | Disclaimer

http://www.PDHealth.mil

Site Features

- Covers all deployments since 1990
- Adheres to “two-minute rule”
- Contains a web-navigable version of new post-deployment clinical practice guidelines
- Structured PubMed (NLM Medline) searches
  - Clinically relevant deployment-related scientific medical literature
  - Covers various exposures of military concern

Site Features (Continued)

- "What your patients may be reading…"
  - Unfiltered deployment-related media literature
  - Helps anticipate patient concerns and questions
- Information to offer concerned patients
- Announcements regarding relevant continuing education & training
- Regularly updated feature: "War on Terrorism"
- Specific diseases and concerns

Outcome Measurement Tools
Available on *PDHealth.mil*

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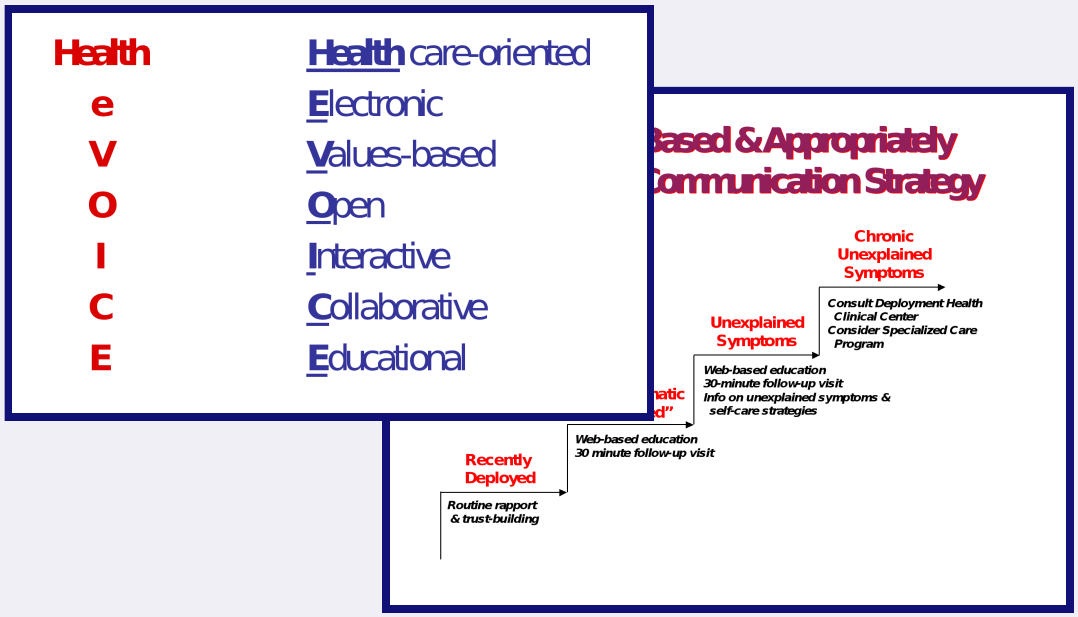
- **Short Form 36 version 2 (SF-36v2)**
  A short measure of health-related quality of life. Applicable to patients with any health condition or concern. *PDHealth.mil* offers web-based administration & scoring.
- **Patient Health Questionnaire (PRIME-MD)**
  A rapid measure of common, disabling, and treatable mental disorders for clinical use in primary care settings. Useful as a diagnostic and outcome assessment tool. Available on *PDHealth.mil* for downloading.
- **Posttraumatic Stress Disorder Checklist (PCL-S)**
  A brief measure of the cardinal symptoms of PTSD. Can be used for screening and longitudinal monitoring. Available on *PDHealth.mil* for downloading.



"Health-e VOICE"

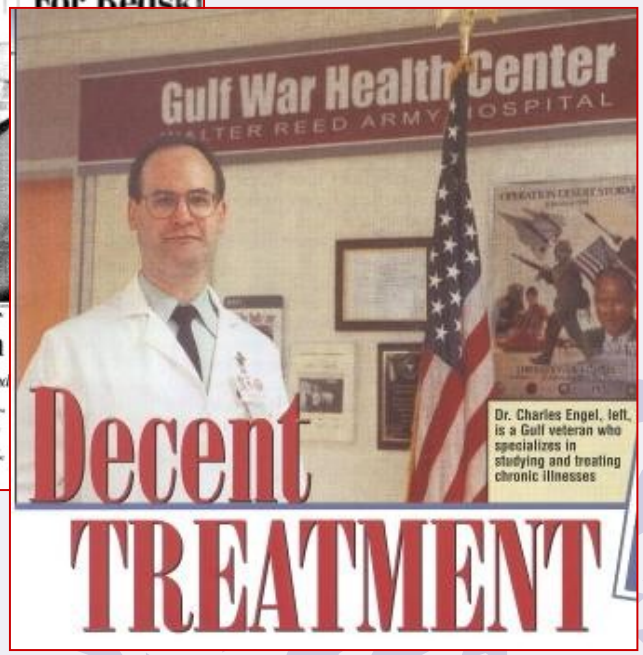
A CDC-funded Project To Develop & Evaluate An Online Continuing Education Tool That Aims To Optimize Guideline-Directed Clinical Risk Communication

A DoD Center of Excellence

Deployment Health Clinical Center & Specialized Care Program

Redskins Come Back, Then Lose to Cardinals, 45-42
The Washington Post
Livingston: Censure Is Uncertain
Impeachment Vote Deemed Necessary
CHRONIC ENIGMA: The Frustration of Gulf War Syndrome
". . . All I really want is to get back to what I was doing before."
AOL Seeks To Acquire Netscape
Army's New Tack on Unseen Enemy

The Washington Post
Dow Tops Record
All the Way Back
CHRONIC ENIGMA: Living With Gulf War Syndrome
Soldiering On in the Face of Pain
Veterans Help Invent a Plan of Attack for Their Medical No Man's Land


Gulf War Health Center
Decent
TREATMENT
Dr. Charles Engel, left, is a Gulf veteran who specializes in studying and treating chronic illnesses

The Specialized Care Program

A Worldwide Referral Care Resource

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DoD Deployment Health Clinical Center **866-559-1627**

Walter Reed Army Medical Center **202-782-6563**

Building 2, Room 3G04 **DSN: 662**

6900 Georgia Ave, NW **pdhealth@na.amedd.army.mil**

Washington, DC 20307-5001

Services Research
VA-DoD Multicenter Trials

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Collaborating with VA Cooperative Studies Program to achieve a DoD clinical health policy research capability

Currently Three Ongoing CSP Trials…

- CSP 470: Exercise – Behavioral Therapy for CMI
  20 sites – ~1,100 subjects – Completion: Jan 02
- CSP 475: Antibiotic Therapy for CMI
  30 sites – ~ 500 subjects – Completion: Jan 02
- CSP 494: Psychosocial Care for Women with PTSD
  12 sites – ~ 500 subjects – Completion: Jan 05

Other Research Directions

- **Mechanistic studies on MUPS…**
  - Cooperative agreement with Georgetown Center for Chronic Pain & Fatigue Research
- **Services research testing the utility of…**
  - VA-DoD post-deployment CPG
  - VA-DoD major depression CPG
  - VA-DoD Unexplained Symptoms CPG
  - Clinical risk communication strategies

“Unless…wars are fought solely by machines, the human cost of warfare will remain high. The troops must… be given a commitment for all necessary care for war-related illness.”

Straus SE: Lancet 1999; 353:162-3